

Basic Campout Packing List

RED - Pack in Daypack or pockets

BLUE - ADD FOR COLD WEATHER

+++ - Available from Troop for Purchase

Clothing

Wear "Activity" Blue Troop T-Shirt UNDER Field

Uniform for Travel to Campsite - Field Uniform will be taken off and remain in vehicles.

- Field Uniform (Tan shirt, Neckerchief and slide, scout pants and belt)
- Troop Hat (wear for Travel to campsite) +++
- Shoes – no open toe shoes -hiking or sturdy sneakers. Bring a second pair of shoes, if you can.
- Extra pants or shorts
- Troop T-Shirt +++ and Extra T-shirt
- Long sleeved shirt or fleece for cold weather (additional layers, jacket, sweatshirt or sweater, coat, etc. as weather demands)**
- Gloves**
- Stocking cap (pack in coat pocket or day pack)**
- Extra set of Underwear (**long underwear if weather demands**)
- Extra pair thick Socks
- One or two bandanas** - one in pocket, other in day pack
- Sleep wear (best not to sleep in day clothes, but many boys do)
- Rain gear** (separate jacket and pants - no ponchos) Recommend Frogg Toggs

Sleeping

- Sleeping Bag - 20 degree or warmer - Recommend The North Face Cat's Meow 20 Sleeping Bag**
- Extra blanket or fleece liner**
- Sleeping pad - Recommend Therm-A-Rest Trail Scout +++ - Small or Medium (for insulation, not comfort - pad must be low in weight and bulk)

Gear

- Mess kit (plastic bowl, mug, spoon) +++
- 2 - **1-ltr Water Bottles** - one in day pack, one sealed and in plastic bag in backpack or duffle
- 2 - 32-Gal or larger Plastic bag or large stuff sack**
- Toilet paper** (camping size - NOT big roll) +++
- Flashlight or head lamp** (LED type)
- BSA® Scout First-Aid Kit** (Scout Store item)
- Whistle** (Troop supplied)
- Compass** -Recommend Silva® 1-2-3 Starter Compass or similar +++
- Pocket knife or Multi-Tool** (use only once has Totem chip) +++
- Sunscreen** (even in cold - travel size) +++
- Insect repellent** (travel size) +++
- Work Gloves**
- 50 ft. Paracord** +++

Other

- Personal Kit - small bar Soap in case, Travel Toothbrush & Toothpaste, Comb, Deodorant (if use)
- Small Towel
- Scout Handbook (2016 edition) +++**
- Pen and Pocket-size Notebook**
- Emergency contact information**

Backpack or Duffle bag – for everything not in day pack.

Day Pack (small "school type" backpack) Take in vehicle for travel! Any Electronics, games or Cell Phones should be in Daypack - BUT MUST REMAIN IN VEHICLES UPON ARRIVAL. Cell Phone may NOT be used as a camera. No phone calls, email, or texts allowed to or from campsites.

Where possible, clothing should be polypro, nylon or polyester. Cotton clothing and jeans will not dry if wet and can be dangerous in cold conditions. Most sporting goods stores (and Target) carry "dry-fit" or Under Armor type clothing for kids now at reasonable prices.

Sleeping Bag

Sleeping well can make or break a camping trip. As with other gear, there are a bewildering number of sleeping bags. We recommend the North Face Cat's Meow for its combination of low weight, compacted/stuffed size, and overall warmth and durability. Other, similar bags are described below and knowledgeable folks at REI or Cabela's can help guide you to a 20-degree bag that should work. Review your choice with your Scout's Patrol Advisor if not on our recommended list.

Weight, warmth and size are the key points of comparison for any quality bag. The Sleeping bag MUST fit in the sleeping bag compartment of an internal frame backpack (or attach cleanly to the outside of an external frame backpack). Thus size is critical. When Backpacking - or just carrying their gear from trailer to campsite - every ounce matters - so weight is critical as well. Modern bags are made with more fill on the top and less on the bottom. The Sleeping pad is critical as insulation from the ground.

STORE BAG UNCOMPRESSED HANGING OR IN STORAGE BAG (NOT COMPRESSION SACK) WHEN NOT IN USE

There are several moderately priced synthetic mummy bags, from reputable brands. Models change frequently, if the specific models suggested aren't available compare to a reputable brand with similar qualities.

North Face Cat's Meow Regular \$160 - \$180 (as low as \$130 online - check around - last-years models often at discount)

- With a European Norm (EN) lower-limit rating of 20°F, the Cat's Meow is a versatile bag for 3-season backpacking adventures.
- Synthetic insulation continues to insulate well even when damp.
- Shaped hood and down-insulated draft collar hold in warmth. Insulated draft tube backs the zipper to prevent warm air from escaping; anti-snap tape keeps the zipper from catching on the draft tube.
- Full-length, 2-way zipper lets you make adjustments for ventilation.
- Footbox allows natural foot movement while also eliminating excess lateral space so you stay warm and comfortable all night long.
- Pad loops give you a way to attach the sleeping bag to your sleeping pad (sleeping pad and attachment hardware sold separately).
- The North Face Cat's Meow Sleeping Bag comes with a compression stuff sack and a storage bag.
- **Carry Weight: 2 lbs. 14 oz.**
- **Stuff Sack Size : 9 x 17 inches**

High Peak USA Latitude 20 Degree Sleeping Bag \$150 (about \$90 at amazon.com & overstock.com)

- Sew-in Draft Tube And Chest Collar, Hood With Drawstring Closure And Barrel Lock, Thermal Collar, Anti-Snap Zipperband, Construction: Double Layer
- Includes compression stuff sack
- See review at <https://www.youtube.com/watch?v=g8yHEfwz9dQ>
- Carry weight 2 lb 14 oz. and stuff sack 7.5" x 13.5"
- NOTE: Not as warm as the Cats Meow – may need fleece liner in colder weather.

Duffle Bag

Rothco GI Style Canvas Double Strap Military Duffle Bag \$25 (Amazon.com or Unclesams.com)

Military Surplus Canvas Double Strap Military Duffle Bag \$20 (Amazon.com)

- Used to haul personal gear from trailer to campsite – substitute for full-size backpack until backpack is purchased (usually second or third year, when Scout is a little bigger)
- Size 22" x 38" Purchase two-strap models (like huge backpack)
- Military surplus may be used and have GI markings
- Heavy weight cotton canvas or similar material.

