

# May 2013

# The Millennium

The Newsletter of Troop 1000

*Troop 1000 Plano Texas Chartered by Resurrection Lutheran Church*

## May Calendar

- 6th Money Monday—\$5 Dues and Campout P-Slip due
- 13th **LAST CHANCE** to turn in Money and P-Slip for Family Campout and Family Dinner Reservations
- 17th Family Campout
- 18th Dinner & Court of Honor
- 21st Summer Camp Parent & Scout Meeting
- 25th Swim test session, **1 pm-2pm (TIME CHANGE)** at Oak Point Park
- 27th Memorial Day Meeting at Shawnee Park 4 pm – 7:30 pm

## June Calendar

- 3rd BSA Medical Forms for Summer Camp Due

## Summer Camp Parent & Scout Meeting – May 21

**IMPORTANT FOR FIRST YEAR SCOUT PARENTS:** There will be a Summer Camp Parent and Scout Meeting on Tuesday, May 21st at 7:30 p.m. - 9 p.m. in the same room where the troop meets. Scouts and their parents are strongly encouraged to attend the meeting. This will be an opportunity to receive important information about summer camp and get your questions answered. If you have any questions, contact Tim Hambelton at 972-422-7071.

## T1000 Family Campout – One Grand Pioneering Event

The Troop 1000 Family Campout is scheduled for the week-end of May 17 - 19, 2013. This year the campout will be at the Collin County Adventure Camp in Anna, Texas.

Families are invited to join the troop on Saturday, May 18 for the pioneering activities. You'll be able to cross the monkey bridge, ride the zip line, and see the Scout's catapult competition.

**Families should plan to arrive any time after 2 p.m. Saturday and can spend the night or just come for dinner, the Court of Honor, and Campfire. Dinner is planned to be at 6:00 p.m. Our Court of Honor will start at approximately 7:30 p.m. with a campfire following.** Bring your

camping gear and stay over Saturday night and have breakfast with your son's patrol on Sunday morning. Sign-up information was distributed at the April 29th meeting with the permission slips. Sign-up sheets (and fees) need to be turned in with the Scout's permission slip on Money Mondays – May 6th or May 13th.

Click for:

[DETAILS AND FAMILY DINNER RESERVATIONS:](#)

[MAP TO CCAC:](#)

[P-SLIP](#)

***Our May Court of Honor will be held AT the Campout Saturday Night, and will start at approximately 7:30 p.m. with a campfire following.***



## Also Inside this issue:

Safety Is Always #1	2
Scoutmaster's Moment	3
Camporee—Scouts vs. Wild, Our Winning Ways	4
Where to find Photos	5
Food Allergies, Requirements and Special Considerations	5

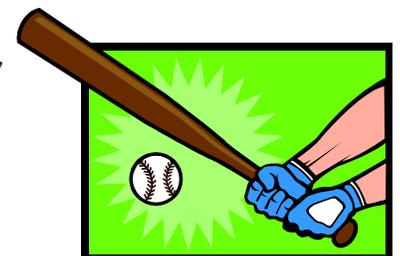
## Memorial Day Troop Meeting on 27th –Special Place & Time

The troop meeting on Memorial Day (May 27th) will be held at Shawnee Park in Plano (<http://goo.gl/maps/OeMFm>). The meeting will be from 4 p.m. till 7:30 p.m. The Scouts are planning a cook-out and games. The Scouts will finalize the details in the coming weeks.

**Softball Game:** This year during the Memorial Day Troop Meeting, a Softball game will be held with the Scouts playing against the Old Buffs (the Scoutmasters). We will start at roughly

5:00 p.m. and play until 6:00. If Scouts/ Old Buffs have Gloves and Bats, they should bring those. The game will be held at the backstop at Shawnee Park.

Contact Scout Connor Gray at [cgray7409@gmail.com](mailto:cgray7409@gmail.com), or call or text him at 972-838-0721, **if you are going to play** or if you have any questions. Previous experience is NOT needed.



**SAVE THE DATE****Second Annual  
SCUBA Diving Event:**

Sunday Aug 25 6:00 - 8:30 at  
Jack Carter Pool.

Cost will be approx \$15 for diving,  
+ \$5-10/family (TBD).

More info to come in July and  
August

**OA News: Upcoming  
Events**

The following events are coming  
up soon. Check the lodge web  
page (<http://www.miki.org>) for  
more info.

- Induction Weekend - (May 3-5). Location: Camp Constantin. On-line registration available now (<http://www.miki.org/index.php/ordeal-registration>).
- Chapter Meeting - (May 9, 7:30 p.m.). Location: LDS Church, 2700 Roundrock Trail (<http://g.co/maps/27f5>).
- Chapter Meeting - (June 13, 7:30 p.m.). Location: LDS Church, 2700 Roundrock Trail (<http://g.co/maps/27f5>).
- Induction Weekend - (August 8-11). Location: Camp Constantin.

**Safety Is Always #1**

With the number of new Scouts and new Scout Parents that recently joined our Troop, I wanted to let everyone know some of our policies and procedures regarding campouts.

The Boy Scouts of America set standards of training with which every adult Leader must comply in order to be trained.

These include:

- Youth Protection Training (on-line and face-to-face courses depending on residency)
- Position Specific Training
- Committee Challenge (for Committee Members)
- Scoutmaster and Assistant Scoutmaster Specific Training (an 8 hour course taught by experienced District Scouters for all ASM's)
- Introduction to Outdoor Leader Skills (IOLS) – a weekend course mandatory for ASM's/ optional for Committee members

The Boy Scouts also have an advanced 6-day Leadership course called Wood Badge that every Leader is strongly encouraged to attend and which many of our Leaders have attended.

During these training sessions, not only are Adults taught the administrative and functional aspects of running a Troop, but each Scouter is introduced to the safety policies necessary to conduct safe programs for the Scouts. IOLS covers the outdoor safety policies such as safe campsite selection, first aid, and use of tools such as knives, saws, and axes. Many other details of safe camping and programs are discussed and demonstrated, and most come from what is known as

The Guide to Safe Scouting.

I recommend every parent become familiar with this guide, which can be viewed electronically at <http://www.scouting.org/filestore/pdf/34416.pdf>

*“We will always  
work to identify  
and rectify  
hazards that are  
around us”*

Our Troop doesn't stop at the basic requirements for Leaders, but expects every adult who participates in Scouting activities to also accomplish the following:

- Weather Hazards (an on-line course at [www.MyScouting.org](http://www.MyScouting.org) )
- American Red Cross First Aid/CPR/AED (or Nationally recognized equivalent/ higher level )
- American Red Cross Wilderness and Remote First Aid (or Nationally recognized equivalent/ higher level)
- Trailer Towing Safety Course

Not every situation or hazard can be prevented. We do travel into the outdoors where environmental, weather and other hazards do exist.

Recently, a tree landed in the campsite while the Scouts were all out of camp. The tree had been examined during the camp inspection and appeared healthy, with leaves growing on all branches. Nonetheless, the tree fell, with a branch rolling onto a tent and damaging a pole.

It is impossible to predict every event, stop every hazard, or prevent trees from falling; but we will always work to identify and rectify hazards that are around us. As Scouters we are right there with the Scouts, enjoying the outdoors, learning to overcome challenges, and dealing with life as it happens. We are also on-guard; watching, guiding, and acting to ensure Safety is always #1.

**Rick Diamond**

Scoutmaster

**REMINDER****BSA Medical Forms  
for Summer Camp**

Sid Richardson Scout Ranch requires that each Scout and Scouter submit a health form for summer camp. The BSA form to use is the Annual Health and Medical Record (<http://www.t1000.org/medical.php>).

All three sections of this form should be completed by you and your doctor. Two copies of the completed form (please keep the original) will need to be submitted to Tim Hambelton **by June 3rd**. If you have any questions, please contact Tim Hambelton at 972-422-7071.

## Scoutmaster's Moment : The Importance of Getting Kids Outdoors

### Out of the House, into the Wild

I recently read an article by Rae Pica\*, titled "Take It Outside".

In the article, it states: "Tony sits focused on his computer screen. Keisha's watching her favorite television program. And Kim is enthusiastically playing video games. What do these three scenarios have in common? They're all taking place indoors – a situation becoming more and more typical in the lives of American children."

"There are a number of reasons for this disturbing trend. Among them is lack of time, as preschoolers in our society lead adult-like, highly-scheduled lives and parents themselves have less time to supervise outdoor play or to take their children to the playground."

"Safety is another issue in today's world, with many parents reluctant to allow their children the freedom they themselves may have had as children. And, of course, the competition with television, computers, and video games is tremendous. What could the outdoors possibly have to offer that these three sources don't? The answer is a lot!"

In the article, the author is describing the value of outdoor play for preschoolers, but the premise is the same for older children. Let me share some of the points made that apply to all young people.

#### **The Importance of Outdoor Play**

"It is in the outdoors that children can fully and freely experience motor skills like running, leaping, and jumping."

"It is in the outdoors that children are likely to burn the most calories, which helps prevent obesity, a heart disease risk factor that has doubled in the past decade. With studies showing that as many as half of American children are not getting enough exercise-- and that risk factors like hypertension and arteriosclerosis are showing up at age 5 – parents and teachers need to give serious consideration to ways in which to prevent such health problems. The outside is also important because the outdoor light stimulates the pineal gland, the part of the brain that regulates the "biological clock," is vital to the immune system, and makes us feel happier."

#### **Outdoor Play Contributes to Learning**

"The outdoors has something more to offer than just physical benefits. Cognitive and social/emotional development are impacted, too. Outside, children are more likely to invent games. As they do, they're able to express themselves and learn about the world in their own way. They feel safe and in control, which promotes autonomy, decision-making, and organizational skills. Inventing rules for games promotes an understanding of why rules are necessary. Although the children are only playing to have fun, they're learning:

- communication skills and vocabulary (as they invent, modify, and enforce rules).
- number relationships (as they keep score and count)

- social customs (as they learn to play together and cooperate)."

#### **Learning to Appreciate the Outdoors**

"We can't underestimate the value of the aesthetic development promoted by being outside. Aesthetic awareness refers to a heightened sensitivity to the beauty around us. Because the natural world is filled with beautiful sights, sounds, and textures, it's the perfect resource for the development of aesthetics in young children."

"Outside there are many different and wonderful things for them to see (animals, birds, and green leafy plants), to hear (the wind rustling through the leaves, a robin's song), to smell fragrant flowers and the rain-soaked ground, to touch (a fuzzy caterpillar or the bark of a tree), and even to taste (newly fallen snow or a raindrop on the tongue). Children who spend a lot of time acquiring their experiences through television and computers are using only two senses (hearing and sight), which can seriously affect their perceptual abilities."

"Finally, what better place than the outdoors for children to be loud and messy and boisterous? Outside they can run and jump and yell, and expend some of the energy that is usually inappropriate – and even annoying – indoors."

#### **Conclusion**

"When parents and teachers think back to their own childhoods, chances are some of their fondest memories are of outdoor places and activities. Such memories might include a favorite climbing tree or a secret hiding place, learning to turn cartwheels with a friend, or playing tag with the family dog. Maybe there was the smell of lilacs, the feel of the sun on the first day warm enough to go without a jacket, or the taste of a peanut butter and jelly sandwich on a blanket spread on the grass. Children usually share the values of the important adults in their lives. When we show an appreciation for the great outdoors, the children in our lives will follow our lead."

I couldn't have said it any better.

### **Rick Diamond**

Scoutmaster

\*Rae Pica has been a movement education consultant for 20 years. An adjunct professor with the University of New Hampshire, Rae is the author of 12 books, including *Experiences in Movement*, *Moving*, & *Learning Across the Curriculum*, and the recently released *Moving & Learning Series*.

For more information, visit

The Children & Nature Network website at [www.childrenandnature.org](http://www.childrenandnature.org)

Another article on the importance of outdoor recreation for children:

<http://www.scoutingmagazine.org/issues/0605/a-wndr.html>

*"When parents and teachers think back to their own childhoods, chances are some of their fondest memories are of outdoor places and activities."*





## Camporee—Scouts vs. Wild, Our Winning Ways

Our recent Camporee at Trevor Reese-Jones Scout Camp in Athens, was one of the best ever. The weather was perfect, the scenery great, and the Scouts had a fantastic time!

When we arrived at the awards ceremony we were expecting to receive 100% participation ribbons for the Patrols and the Troop, but we were not prepared for the deluge of awards the Scouts had won during competition.

Every Patrol competed in orienteering, tomahawk throwing, problem solving, first aid and many other events. As we settled onto the berm surrounding the ceremony, we quickly started hearing the callout of "Troop 1000" followed by the Patrol names. In the Patrol flag competition alone, Troop 1000 Patrols walked away with a clean sweep of 1st, 2nd, and 3rd places! The smiles and high-fives were occurring all over the side of the hill as Scouts and adults were caught up in the celebrations and congratulations.

The hard work and Scout Spirit of every Scout was recognized as the Troop and Patrols received 19 award ribbons. I cannot remember a time when our Troop received so many awards at a District event, and I have to admit I was the Scoutmaster with the biggest smile in camp. Congratulations to the Scouts, and a big thank-you to the parents who supported their sons and allowed them to be a part of this memorable event.

Be sure to attend the Family Campout this month to find out which Patrols won these awards.

More Photos at

[t1000camporee.shutterfly.com](http://t1000camporee.shutterfly.com)





*Troop 1000 Plano Texas Chartered by  
Resurrection Lutheran Church*

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# T1000.org

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## Court of Honor Photos

Photos from our last Court of Honor are available at:

[t1000coh21813.shutterfly.com](http://t1000coh21813.shutterfly.com)

## Spring Break Photos

Photos from our Spring Break Trip are available at:

[t1000GMNP.shutterfly.com](http://t1000GMNP.shutterfly.com)

## Camporee Photos

Photos from our Camporee are available at:

[t1000camporee.shutterfly.com](http://t1000camporee.shutterfly.com)



## Food Allergies, Requirements, or any Special Considerations

Notice that **RED** type on the permission slip?

That's something new that we are asking all parents to pay close attention to.

In light of all the new Scouts who have joined these past few months, we are asking for a little more help on the subject of FOOD. We have already encountered several Scout's needs for vegetarian, peanut free, or just plain picky eating substitutes. We want to accommodate gluten free and other dietary requirements as well

However, we just don't have a formal handle on this for all Scouts yet - SO, we are asking that parents of Scouts with

such needs and considerations to fill out a form and provide a copy of it with your signed permission slip tonight (and every campout so we don't forget). PLEASE keep a copy handy for the next campout, and so forth.

The form is now posted with our permission slips and in the Documents section of the troop website. Be sure to let the Patrol Advisor for your son's patrol know your son's needs.

Thank you

<b>Troop 1000</b>		<i>"One Grand Troop"</i>	
2013 Golden Arrow District Camporee Permission Slip (DUE MONDAY APRIL 1 <sup>st</sup> , NO LATER THAN APRIL 8 <sup>th</sup> )			
<small>Troop 1000 is participating in the following Scouting event. This slip provides you with important information about the function, your opportunity to give your permission for your sons participation and provides the Tour Leader with the necessary documentation to request emergency medical assistance if needed. Please retain the top third of the form and return the remainder to the Troop.</small>			
COST:	Food	\$ 12	
	Gas	\$ 7	
	Camping	\$ 10 (5 for Adults)	
	<b>TOTAL</b>	<b>\$ 29 (17 for Adults)</b>	(Please note that payment should be <u>cash only</u> in exact bills)
What:	2013 Golden Arrow District Camporee		
Where:	Trevor Reese-Jones Scout Camp, Athens, TX		
When:	<b>(Scouts must be at the church by 6:00pm, Friday)</b>		
Departure Date:	Friday, April 12, 2013	<i>This is a TWO night campout!</i>	
Return Date:	Sunday, April 14, 2013	Time:	6:00 PM
		Time:	1:00 PM
	<small>If there are any food allergies, requirements, or any special considerations necessary, ADVISE THE PATROL ADVISOR ON MONEY MONDAY</small>		
*****EACH SCOUT SHOULD BRING MONEY FOR SOUVENIRS, AND FOR A QUICK LUNCH/SNACK ON THE RETURN.			
Equipment <u>required</u> :			
	<ul style="list-style-type: none"><li>• Standard BSA backpacking equipment (See troop web site) and cold weather gear</li><li>• Day pack</li><li>• Sturdy, broken-in hiking boots or athletic shoes</li></ul>		