

# Apr 2015



## April Calendar

**Merit Badge: Engineering**

**Program: Panthers**

**Service: Ravens**

These Patrols should arrive at 7 pm for set up and stay after for cleanup.

- 6 Troop Mtg, 7:30 pm  
Money Monday
- 7 Buffalo Patrol Mtg, 7:30 pm
- 10 - Camporee
- 12
- 11 Garage sale work session  
& drop off, 10 am - 2pm
- 13 Greenbar Mtg, 7:30 pm  
PLC only
- 20 Troop Mtg, 7:30 pm
- 25 Troop Garage Sale
- 27 Troop Mtg, 7:30 pm

## May Calendar

**Merit Badge: Pioneering**

**Program: Bald Eagles**

**Service: Panthers**

- 4 Troop mtg at Heritage  
Farmstead, 7:30 pm
- 11 Troop Mtg, 7:30  
Money Monday
- 12 Buffalo Meeting, 7:30 pm
- 15 - Family / Pioneering
- 18 Greenbar Mtg, 7:30 pm
- 25 Troop Picnic at Preston  
Meadow Park, 4:30 pm

Check the [online calendar](#) and [home page](#) for new calendar items and upcoming events.

*Troop 1000 Plano Texas Chartered by Resurrection Lutheran Church*

## One Grand Garage Sale

**Saturday, April 25 from 7:30 am to 2 pm**

Our Spring Garage Sale is a major fundraiser to help finance the transportation your Scout takes for summer camp. **Participation by parents and Scout is very important.**

Here's how you can help:

- Donate clean and re-usable items to sell.
- Tell your friends and neighbors about the sale. ([Here's the flyer in PDF.](#))

## Shifts

**Friday Night, April 24**

6:00 pm – 10:00 pm: Panthers

**Saturday, April 25**

6:00 – 9 am: Silver Foxes

7:45 – 11 am: Bald Eagles

10:45 am – 2 pm: Chiefs

1:30 – 4 pm: Ravens and Hornets

If you have a conflict and are unable to make it during your scheduled time, please

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## Summer Camp

T1000 will be going to [Hale Scout Reservation](#) June 28 to July 4. This 480-acre camp in the beautiful Winding Stair Mountains in southeastern Oklahoma has more than 60 Merit Badges. Scouts should be in touch with their Patrol Advisers to sign up for Merit Badges.

If you have not signed up for camp, please contact Liz Urech ASAP at [lizurech@yahoo.com](mailto:lizurech@yahoo.com) or 214-537-7955. The deposit for camp plus first payment (total \$150) is due by April 13. Scouts may use bin money Camp Card and Popcorn sales for payment. Just let Liz Urech know.

## Camporee, April 10 - 12

It's time for [Camporee 2015](#)! This Scout-a-Palooza takes place at Trevor Rees-Jones Scout Camp in Athens, TX (two-hour drive) from April 10 to 12. It's a friendly competition in which Boy Scout Troops compete against each in many fun events. We also have many Webelos (fourth graders) and their parents joining us as our guests. Watch the website for the permission slip.



## Family Campout, May 17 - 19

One Grand Families are invited to join their Scouts for this year's annual Family Campout at Collin County Adventure Camp! Please join the Troop on Saturday afternoon, May 16 to participate in Pioneering and camp activities, such as zip line, Monkey Bridge, archery, canoeing and climbing wall.

You can spend the night or just come for May's Court of Honor on Saturday evening. Come on out to celebrate our Scouts' achievements. More information is coming soon! Save the date!

## Camp Card Update

Congrats to all Scouts on a fantastic Camp Card sale so far! You have already sold well over **1000** cards, both with individual sales, at the two Dick's Sporting Goods and nine Kroger timeslots.

Additional cards are still available! To get more, just bring in CASH for cards already sold. (An occasional check received for a camp card is fine.) The final due date to return all unsold cards and money is at the **May 4** Troop meeting.

If you have cards that you know you will not sell, PLEASE return them prior to that due date! Heather Burchett plans to be at the beginning of all Troop meetings through May 4. She'll collect money and hand out more cards as needed.

There are no additional Kroger spots available, but Scouts can still individually look for other places to sell, such as Lowe's, Garden Ridge Pottery, and certain Walmarts. Please call the store to check availability. And remember, family, friends, neighbors, and parents' offices make great sources for selling cards.



## Medical Forms Due NOW!

If you have not handed in Medical Forms Parts A & B, please do so at the next meeting. They were due in January! Do not forget to include a copy of the front and back of your health insurance card. **KEEP A COPY FOR YOUR RECORDS.** Visit the [Troop website for the new form](#). Please turn in to Sharon Luker <[srluker@juno.com](mailto:srluker@juno.com)> who will be by the bench outside the meeting room before the next few meetings.

NOTE: ALL MEDICAL FORMS ARE DUE JANUARY EACH YEAR. THERE IS NO LONGER ANNUAL INDIVIDUAL ANNIVERSARY DATES FOR THESE FORMS. Starting January every year, your son must have a current Part A & B before attending any campout that year. If the camp-out is longer than three days, he must have a CURRENT Part C on file. Part C is due by May 15 for all Summer Camp, Philmont campers AND adults who help with Summer Camp.



## Offsite Troop Meeting on May 4



The May 4 Troop Meeting will be at [Heritage Farmstead Museum](#), not the Church. The meeting will run at the same time as our Monday meetings: 7:30 pm to 9 pm. Ron Siebler will give us a blacksmithing demonstration.

Heritage Farmstead Museum is at 1900 West 15th Street, Plano. Come experience living history and see blacksmithing in action!

Note this in your calendar as Scouts would not want to miss this trip back in time!

## Summer Camp Sign-up for Adults

We are now taking sign-ups for ADULTS wishing to join the Troop for Summer Camp this year.

Based on the size of this year's group (about 60 Scouts), we need 8 to 10 adults. We generally provide two or more slots for parents of NEW Scouts — with a first come first served priority, along with priority for parents of Scouts with special needs. Patrol Advisers and those wishing to be trained as Assistant Scoutmasters or Patrol Advisers will especially benefit from this experience, but any adult parent is welcome to apply to attend.

Adults are asked to drive to and from camp (ideally with a six or greater passenger vehicle). Gear is pulled in trailers, so all seats are available. Adults may be assigned to shadow a particular Patrol group and/or to aid with a specific program, such as Trail to First Class.

Adults will sleep on cots in tents, paired with another adult of the same gender. (The ability to have your own tent depends on available space in the campsite). Actual Adult cost to attend will be decided by the Troop Committee. The Camp's cost for adults is \$190. Some or all of the adult cost may be offset by Troop funds based on proceeds from garage sales.

In the event we do not have enough volunteers, either drivers will need to be solicited (drive but not stay), or we may need to rent larger capacity vehicles. This could possibly increase the cost for all campers.

If interested or have questions, please contact Steve Lavine at [slavine@gmail.com](mailto:slavine@gmail.com) or 469-939-9763 as soon as possible. This list will close on or BEFORE April 10.

### Troop 1000 Plano Texas Chartered by Resurrection Lutheran Church

1919 Independence Pkwy  
Plano Texas 75075

Contact Information:

Scoutmaster

Rick Diamond, [Diamondnh@aol.com](mailto:Diamondnh@aol.com)

Troop Committee Chairperson

Rich Bails, [rjbails@outlook.com](mailto:rjbails@outlook.com)

Newsletter Editor

Meryl K. Evans, [merylk@gmail.com](mailto:merylk@gmail.com)

**[T1000.org](http://T1000.org)**

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participate at a time that works for you. You must let your Patrol Leader know which shift you are working and if the parent is working the same shift or another.

Donations may be dropped off on the evening of Friday, April 24 from 7 to 10 pm at Resurrection Lutheran Church. Pick up of large items can be arranged in advance by calling Luanne Ward at 972-596-2001.

We will need parents with trucks, vans, SUVs to help with setup on Friday evening and cleanup on Saturday afternoon. If you can volunteer on one of these shifts or help transport items at setup, please send an email to [jlward@gmail.com](mailto:jlward@gmail.com).

We have one more working session and Scout family donation drop-off scheduled for Saturday, April 11 from 10 am to 2 pm. This will be held at Extra Space Storage on Preston Rd. Off Preston and 190 behind Silver Star Motors. This is the weekend of the Camporee. We would appreciate any help we get from parents with preparing the items for the sale. All donations are tax deductible and the Troop will provide a receipt for your donation.

## In Criticism of Praise

By Heidi Stevens

*Southwest Magazine*, January 2015

The last three decades have brought a change in parenting behaviors, towards a focus on children's self-esteem enhanced with generous helpings of praise. Constantly complimenting a child for his intelligence, her athleticism, his success has been rationalized as a "gift" from parent to child for bolstering self-esteem and happiness and protecting the child from life struggles.

And yet, Carol Dweck, a Stanford University psychology professor, has published a landmark study demonstrating that praise — at least a certain kind of praise — can actually backfire. Too much praise and the child becomes less likely to take risks and may not view failure as an invitation to try again.

So what's a parent to do? Just remember: The goal is always growth, not perfection. Focus praise on the process, not the outcome.

Remember to commend effort, not intelligence — otherwise children come to believe that success flows from an innate quality, not through perseverance and resilience to setbacks or failures. According to psychologist Kristin Race, author of *Mindful Parenting: Simple and Powerful Solutions for Raising Creative, Engaged, Happy Kids in Today's Hectic World*, the way we praise can profoundly affect not just our children's potential, but also their overall happiness. Too much of the wrong praise, and they come to view mistakes as something to be defeated by — contributing to increased anxiety.

If children are to bounce back from inevitable obstacles, they need to know that effort is the key to success and setbacks are to be expected. Parents should avoid praise for things which aren't challenging and keep all praise truly genuine.

[Read the original story in Southwest Magazine.](#)

## Meet Our New Greenbar!

**Senior Patrol Leader (SPL):** Aaron Linscott  
**Assistant Patrol Leader (APL):** Bryce Leonard  
**Assistant Patrol Leader (APL):** Parker Maness  
**Troop Scribe:** Daniel Stevenson  
**Quartermaster:** Trey Cody and Jordan Smith  
**Chaplain Aide:** Christopher Burchett  
**OA Rep:** Eric Miles  
**Bugler:** Ross Richards  
**Historian:** Richard Stevenson  
**Instructor – Heritage Scout:** Jordan Smith

### Patrol Leaders (PL)

**Hornets PL:** Justin Sluder  
**Bald Eagles PL:** Zachary Evans  
**Silver Fox PL:** Elijah Reyes  
**Panthers PL:** Jackson Rabe  
**Chiefs PL:** Govardhan Poondi  
**Ravens PL:** Thomas Urech

### Troop Guides

Patrick Brzezina  
 Zachary Calabrese  
 Patrick Grimes  
 Thomas Kuo  
 Tyler Luker  
 Samuel McDonald  
 Shaan Mehta  
 Ethan Peikari  
 Christopher Peterson-Godfrey  
 Jake Smith  
 Henry Sommers  
 Michael Wang  
 James Watkin  
 Nathan Wulfekammer  
 Patrick Yu



### Den Chiefs

Zachary Evans  
 Eric Miles  
 Jake Pencsak  
 John Rho  
 Varun Trivedi  
 Justin Sluder





## Spring Break 2015

By Richard Stevenson, Troop Historian

This Spring Break, 24 scouts and six adults from our Troop headed off for an exciting adventure in the Guadalupe Mountains. We had packed the trailers the night before so supposedly we should be able to just get there, load up, and head out, right? Wrong. Nevertheless, we managed to get out at a decent time.

It was a long trip, and we were not able to make it in one day, so we stopped at the glorious Monahans Sandhills State Park for the night. If you want to know what the place looks like, it's like a big pile of sand that looked like someone had blown it into all sorts of crests and hills. These hills made excellent sledding slopes, and we spent much of our time going up and down them at high speeds.



In the morning, we woke up to brilliant sunshine and seemingly more sand in our belongings than had been the previous night. After packing up and quickly showering, we headed out, once again, for the Guadalupe. Upon arriving at our camp, on the BLM five miles into New Mexico, we found that it would take longer than expected to set up as there was a storm brewing above our camp. We would continue to have these storms throughout the entire week and they became quite the nuisance. After setting up all of our tents and the equipment protection tarp, it was time to bed down for the night. We would need our sleep, for the next day we would be setting out to conquer our greatest obstacle, the monstrosity of Guadalupe Peak itself!

We awoke at the crack of dawn (at least some of us) and spent the next several hours attempting to get everyone else up and moving, cooking and eating breakfast and closing up camp. Finally, we were able to start preparing to actually go, which takes another few hours, and it's nearly noon by the time we're loaded and heading for the mountain!

Our climb is long and uneventful (if you call 30 degree swings in temperature and sleet falling on us, uneventful). Despite the breathtaking views of the land around us, we simply trudge on; our only thought is to make it to the top. Time is not on our side as we must turn back at 2:30 (now was that Central Time, Mountain Time or Daylight Saving Time???),

and an hour from the peak the clock strikes, signaling the end of our ascent, and the beginning of our descent, which we make in record time.

It is only at the bottom that we realize we could have made it with the time we had left. At that moment, Mother Nature decides to release her full fury on us while we huddle under an inadequate overhang. Most of us fled to the vehicles but a select few were chosen to fill the water buckets, a most unpleasant task under our current circumstances.

The next day dawned bright and clear, which probably meant that another storm, happy to wreak havoc upon our small campsite, was lurking over the horizon. Today was somewhat of a "recovery hike," much shorter and easier on the legs than the previous one. After a brief stop at the Frijoles Ranch, an early settlers home built around a natural spring, our destination was the beautiful Smith Springs, a real oasis in the middle of the desert. Our stay was brief due to yet another storm, and we made it back



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## Philmont Three-Day Shakedown

The 2015 T1000 Philmont crew went on a three-day shakedown backpacking trip during Spring Break. The crew backpacked about 13 miles along the Cross Timbers on the southern end of Lake Texoma. They practiced Philmont skills such as stringing bear bags, putting up Philmont tarp and setting up camp with the bear-muta triangle.

They also had time to find some geocaches along the trail. After it rained all night Sunday, they had a challenging hike out Monday on a muddy, slippery trail. All in all, it was an memorable adventure!



## Court of Honor Paul Rutherford Alex Wulfekammer

The Wulfekammer and Rutherford families and Troop 1000 invite you to attend the Eagle Court of Honor Ceremony to recognize Paul Rutherford and Alex Wulfekammer who have risen to the Rank of Eagle Scout.

Saturday, April 4  
3:00 to 4:30 pm

Grace Presbyterian Church  
4300 W. Park Blvd.  
Plano, TX 75093

Reception follows ceremony.



## Where Are T1000 Pictures?

You want pictures? We'll give you pictures ... thousands and thousands. Well, maybe that's an exaggeration. Just a little. The Troop posts photos to a Flickr account which you may join. You must have a Yahoo account or sign up for one to join Flickr. As part of your request to join, please send a note to the administrator and include the name of your Scout in the note. Your request is approved by a human, so expect to wait about 24 hours for approval.

These photos are posted shortly after the various events and are available only with an approved membership on the Flickr account.

Ready to flip through our digital album? Head on over to:

<https://www.flickr.com/groups/t1000photos/>



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to camp with all haste.

Our next day brought our longest hike through the beautiful, McKittrick Canyon, a place where soaring maples and lush grasses replaced the pale green of desert shrubbery. We stopped at a former hunting lodge that was only accessible in the 1920s via a Model T driven down the river bed – something we wouldn't try today even in a modern four-wheel drive SUV. Our lunch stop and turn-around on this hike was a place known as "The Grotto," a soaring wall of stone with miniature caves dotting its faces. Here we stopped for a delectable lunch of PB&J and canned meat, as well as a not so welcome visit from the local beehive.

We finished our time in the mountains with a visit to Carlsbad Caverns, a monument of towering rock and pools of water deep below the crust. We walked for miles (literally) underground before arriving at an elevator to take us back up to the surface (and lunch). Then we loaded up once again and headed back, with another stop at Monahans Sandhills where we slept, not in tents, but inside our giant tarp. Needless to say, in the morning there was sand in every joint and crevasse that was not already filled.

Once home and showered, we were all able to look back on our experiences with fondness. Maybe we'll go again sometime? Maybe in two years!



## Troop 1000 Eagle Scout Soars in Hollywood

*Boardwalk Empire*, *NCIS: Los Angeles*, and *Men, Women and Children*. What do they have in common? T1000 Eagle Scout and actor Travis Tope stars in all of them. Yes, he is one of Troop 1000's shining stars. Bryan Wendell of [Bryan on Scouting](#) has a post about Travis. He plays Ricky in the first episode of the new detective drama *Battle Creek* on Sunday nights on CBS. The show features Josh Duhamel, Dean Cain and Kal Penn. He's also in [talks for Independence Day 2](#).

He'll appear in the March 30 episode of *NCIS: Los Angeles*. If you miss it or the pilot episode of *Battle Creek*, you might be able to catch in video on demand. Here are photos with Travis from our 2004 trip to Guadalupe! Troy Tope, his dad, is an ASM with T1000 doing Leave No Trace Behind coaching.



Travis today.



Travis front row, second from right. (Guadalupe)



13-year-old Travis on the right in 2004.

## New Merit Badge: Signs, Signals and Code

The newest addition to the Merit Badge lineup is Signs, Signals and Code. *The Washington Post* has published a story about this Merit Badge, which blends the old with the new. "It's almost sort of a throwback, to reintroduce kids to skills which maybe someday they'll need when their batteries run out on their phones," said Steve Bowen, chairman of the Boy Scouts of America's merit badge development committee. [Read the story.](#)



So who's in for signing (pun intended) up for this badge?

### Signs, Signals and Code Merit Badge Requirements

1. Discuss with your counselor the importance of signs, signals, and codes, and why people need these different methods of communication. Briefly discuss the history and development of signs, signals, and codes.
2. Explain the importance of signaling in emergency communications. Discuss with your counselor the types of emergency or distress signals one might use to attract airborne search-and-rescue personnel if lost in the outdoors or trying to summon assistance during a disaster. Illustrate these signaling examples by the use of photos or drawings.
3. Do the following:
  - a. Describe what Morse code is and the various means by which it can be sent. Spell your first name using Morse code. Send or receive a message of six to 10 words using Morse code.
  - b. Describe what American Sign Language (ASL) is and how it is used today. Spell your first name using American Sign Language. Send or receive a message of six to 10 words using ASL.
4. Do the following:
  - a. Spell your first name using semaphore. Send or receive a message of six to 10 words using semaphore.
  - b. Using illustrations or photographs, identify 10 examples of nautical flags and discuss their importance.
5. Explain the braille reading technique and how it helps individuals with sight impairment to communicate. Then do the following:
  - a. Either by sight or by touch, identify the letters of the braille alphabet that spell your name. By sight or touch, decode a braille message at least six words long.
  - b. Create a message in braille at least six words long, and share this with your counselor.
6. Do the following:
  - a. Describe to your counselor six sound-only signals that are in use today. Discuss the pros and cons of using sound signals versus other types of signals.
  - b. Demonstrate to your counselor six different silent Scout signals. Use these Scout signals to direct the movements and actions of your patrol or troop.
7. On a Scout outing, lay out a trail for your patrol or troop to follow. Cover at least one mile in distance and use at least six different trail signs and markers. After the Scouts have completed the trail, follow no-trace principles by replacing or returning trail markers to their original locations.
8. For THREE of the following activities, demonstrate five signals each. Tell what the signals mean and why they are used:
  - a. Sports official's hand signs/signals
  - b. Heavy-equipment operator's hand signals
  - c. Aircraft carrier catapult crew signals
  - d. Cyclist's hand signals
  - e. An activity selected by you and your counselor
9. Share with your counselor 10 examples of symbols used in everyday life. Design your own symbol. Share it with your counselor and explain what it means. Then do the following:
  - a. Show examples of 10 traffic signs and explain their meaning.
  - b. Using a topographical map, explain what a map legend is and discuss its importance. Point out 10 map symbols and explain the meaning of each.
  - c. Discuss text-message symbols and why they are commonly used. Give examples of your favorite 10 text symbols or emoticons. Then see if your counselor or parent can identify the meaning or usage of each symbol.
10. Briefly discuss the history of secret code writing (cryptography). Make up your own secret code and write a message of up to 25 words using this code. Share the message with a friend or fellow Scout. Then share the message and code key with your counselor and discuss the effectiveness of your code.

