June **2015**



Troop 1000 Plano Texas Chartered by Resurrection Lutheran Church

June Calendar

Theme: Summer Camp Program: Silver Foxes Service: Bald Eagles These Patrols should arrive at 7 pm for set up and stay after for cleanup.

- 1 Troop Mtg, 7:30 pm
- 6 Troop Swim Test, 1:30 pm at Plano Aquatic Center
- 8 Troop Mtg, 7:30 pm
- 15 Troop Mtg, 7:30 pm
- 22 Summer Camp Mtg, Scouts going to camp and parents ONLY, 7:30 pm
- 23 Buffalo Mtg, 7:30 pm
- 28 Summer Camp: Hale Scout
- Jul Reservation

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July Calendar

Theme: Athletics
Program: Hornets
Service: Silver Foxes

- 4 Return from Summer Camp
- 6 Greenbar Mtg, 7:30 pm PLC only
- 11 <u>Special Olympics Swim</u> <u>Meet,</u> 7:30 am
- 13 Troop Mtg, 7:30 pm
- 18 Philmont Crew Expedition Aug

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- 20 Troop Mtg, 7:30 pm
- 24 Patrol Campouts26
- 27 Greenbar Mtg, 7:30 pm PLC only

Check the <u>online calendar</u> and <u>home page</u> for new calendar items and upcoming events.

All Hale! Summer Camp Time Is Here!

There is a meeting for Scouts going to Summer Camp and their Parents on Monday, June 22 at 7:30 pm. This is in lieu of the scheduled Troop Meeting. (Scouts NOT going to camp do not need to attend this Monday night meeting.) It's important to attend so you can get important information to ensure Scouts are prepared for Summer Camp.



Please refer to May's Millennium for supplies and costs.

Homesick? Nope, There's Not an App For That!

As summer camp approaches for the first time for many Scouts, so does the inevitability — at least some degree — of homesickness developing during camp. According to Dr. Christopher Thurber, PhD. and Dr. Edward Walton, MD in Pediatrics, this feeling occurs to nearly everyone leaving familiar surroundings and entering a new environment.

"Camp to the World" reports that Dr. Thurber is a staff psychologist at Phillips Exeter Academy in N.H., and a research consultant to the American Camp Association. Dr. Walton who works at the University of Michigan is a researcher in camp health. Interestingly, the two doctors met at a summer camp more than 25 years ago.

Having been challenged with dealing with the occasional homesick Scout, I would like to share their advice on ways to prevent homesickness ...

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Garage Sale Volunteers Needed!

The twice-yearly Garage Sale is the biggest fundraiser for Troop 1000. It takes a whole Troop to make it a success. Here are the Garage Sale Committee roles that need filling along with the responsibilities. If you're interested or want more information, please **reply by June 15, 2015** to Luanne Ward at jlasward@gmail.com or Sharon Luker at srluker@juno.com. Thank you!

Publicity Coordinator: Promotes Garage Sale event

- Makes GS flyer with dates of sale.
- Makes copies of flyers and donation requests.
- Publishes flyers on social media, troop website, Millennium, etc.
- Advertises sale in newspapers, neighborhood websites, etc.
- Makes necessary signs needed including pricing guide.

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Logistics and Church Coordinator: Responsible for working with Resurrection Lutheran Church

- Works with RLC staff for items needed for GS (tables, GS sign, etc.).
- Determines with RLC, what time we can access church on Friday for setup (need to setup).
- Schedules donation trucks for charity pickups and HPB run.
- · Obtains GS permit from city.
- Be able to visit RLC during their open hours.

Transportation Coordinator: Responsible for donations and pickups.

- Create/update list of families in troop that have trucks, SUV's to haul donations.
- Coordinates donation pickups.
- Coordinates with GS Chair to rent U-Haul trucks.
- Schedules adult with pickup, to make garbage run to dump after sale.
- Schedules pickups to haul Friday night donations to RLC.

Volunteer Coordinator: Responsible for scheduling volunteers (Scouts and adults).

- Sends Patrol Leaders GS info on Patrol shifts and critical dates info is needed.
- Collects volunteer data from PL's and puts together in excel sheet.
- Works with GS Chair to schedule volunteer duties for Friday and Saturday shifts.
- Sets up SignUp Genius page for parent volunteers for sale weekend.
- Sends out reminders and FAQ information to volunteers.

Supply Coordinator: Responsible for supplies needed.

- Purchase supplies for sale (tape, markers).
- Send emails to troop to borrow (clothing rack, canopies, etc.) for sale.
- Works with Quartermaster and Logistics Coordinator for supplies needed.
- Obtains bags for final "Last Hour Bag Sale."
- Survey GS committee for what items are needed for next sale.

Feed the Clothes Donation Box

The troop gets \$100 per month for feeding the clothes donation box. Although we do this after a garage sale, we need to continue doing it throughout the year. The box is located in the Church parking lot by the back entrance/exit.



Shop at Tom Thumb?

Did you know that Troop 1000 is signed up with Tom Thumb's Good Neighbor Program? You can have up to three charities linked to your reward card.

Sign up is easy! Just go to your local Tom Thumb store, and have the Customer Service department add our Troop Good Neighbor Number to your account. **Our number is:**

2075. The Troop will start earning a percentage of what you buy automatically. Start raising money as you shop for us today!



Where Are T1000 Pictures?

You want pictures? We'll give you pictures ... thousands and thousands. Well, maybe that's an exaggeration. Just a little. The Troop posts photos to a Flickr account which you may join. You must have a Yahoo account or sign up for one to join Flicker. As part of your request to join, please send a note to the administrator and include the name of your Scout in the note. Your request is approved by a human, so expect to wait about 24 hours for approval.

These photos are posted shortly after the various events and are available only with an approved membership on the Flickr account.

Ready to flip through our digital album? Head on over to:

https://www.flickr.com/groups/t1000photos/

Troop 1000 Plano Texas Chartered by Resurrection Lutheran Church

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T1000.org

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- Talk with kids about the upcoming separation.
- Tell kids that it's normal to feel homesick.
- Talk with kids about coping with homesickness. (See list at end of article.)
- Involve kids in the decision to spend time away from home.
- Send kids on a "practice" trip, such as few days at a friend's or relative's house.
- Have kids practice writing letters before leaving.
- If possible, help kids meet at least one person (adult or child) from the new setting before leaving.
- Encourage kids to make friends and seek support from trusted adults when they're gone.
- Be enthusiastic and optimistic about your child's away-from-home experience.
- Nix negativity. Avoid saying things like, "I hope you'll be OK" or "I'm really going to miss you!"
- Don't make a deal with kids to get them if they don't like being away.
- Don't use the experience as a drug holiday for kids on medications.
- If kids have special needs, confirm in advance that those needs will be met
- ** While at camp, mobile phones will **not** be accessible to Scouts. Emergency communications will be through the preplanned communication channels for the Camp and the Troop.

If your Scout (or Scouter) experiences homesickness at camp, we will do our best to get them involved in something fun and interacting with other Scouts who can lift their spirits.

Things we have found to be beneficial for the Scouts are:

- Do something fun, like playing a game with other Scouts.
- Go see someone who can talk with you to help you feel better. This
 is where it is important that we understand but not oversympathize. Otherwise it can lead to an emotional roller coaster or
 manifest in physical symptoms.
- Look at the bright side, such as new activities and new friends made in the new setting.
- · Don't dwell on home or sit and do nothing.

Feeling homesick is a normal part of leaving home the first or first few times, and is part of the growing experience. Even adults sometimes find themselves feeling the pangs of missing home and family. The most important thing you can do is discuss with your Scout that you are excited they are going to have a fun and exciting time at summer camp, and can't wait to hear all about it when they return.

You can encourage him to keep a daily journal to write down just a few facts about what he did each day. Let him know you have confidence that they will have so much fun they will be looking forward to next year before they even get home!

Lastly, prepare yourself for the quietness of your Scout being away for a week. While this may be a welcome respite for some, other parents who are accustomed to the hectic schedules, noise in the house and general activity of a boy, may find it unsettling. Decide on some activities you will do during Summer Camp, and do them. For those parents who still have kids at home and will hardly notice the week fly by, we remind you that you must still pick up your Scout on his return ...

Rick Diamond

Scoutmaster Troop 1000 "One Grand Troop"

P.S. Visit Scoutmastercg.com for Summer Camp Resources.





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Family Campout: Mother Nature Couldn't Stop Us!

By Richard Stevenson, Troop Historian

In May, our Troop set out for our annual family campout at Collin County Adventure Camp, but things were not to go as planned. As you probably know our little state has been being plagued with endless rainstorms for the month of May. Well, it would seem that one of these was hovering on the horizon, just waiting for the opportune time.

This started like any other campout. We arrived at the Church, packed our bags, and headed out. Upon reaching our designated campground near the southern pavilion, we dug in our stakes and weathered the small thunderstorm that had come overnight. The next morning dawned bright and, well, maybe not clear. In spit of the still gathered clouds, we proceeded, with the usual number of mishaps, to make and

serve breakfast.

After this, it was time to

embark on one of our annual family campout rituals, the building of the monkey bridge! For those who do not know, a monkey bridge is two A-frames with a small V at the top and with multiple supports running their width set across from each other. Three ropes are then strung across, two at shoulder height, or the points of

the V, and the other on the tip of the A, or the bottom of the V. This makes a tightrope like walkway with two handlebars.

The A-frames are then secured to the ground with ropes. This, extremely surprisingly, was done on

time, and to top that off, we still had some time to spare! Most scouts went down to the archery range. We would have gone ziplining, but one of the parts had been washed away.

> Families began to arrive around lunchtime. It wasn't much, just one or

two, but we knew that later we would have a horde on our hands. We spent the extra time we had after lunch packing up our gear and preparing for a move to the cabins due to the impending storm, as well as messing around on the monkey bridge and the lake. Then, at 4 pm, we packed up the bridge and headed up to the education center, toting our gear.

Dinner was prepared by the Troop Committee. We were joined by many Scout families for a tasty hamburger meal of hamburgers. Several Scouts

also spent their dinnertime outside, preparing desserts for us to enjoy later after the Court of Honor, which we were quickly ushered up to.

The Court of Honor was held in the air-conditioned mess hall, and there were many awards given. These included all the ribbons from Camporee, One Grand

Scout Richard Stevenson. and One Grand Scouter Mrs. Railey. Afterwards we enjoyed the delicious desserts prepared for us, and

were entertained by the antics of the Patrols in their skits and songs.

For the night, we bunked in the cabins as a humongous storm passed through. In the morning, we were told that it had been a fierce one, with great howling winds and crashing sheets of rain. For breakfast, the camp generously invited us to the mess hall due the weather and treated us to a hot and tasty waffles.

Soon, it was time for us to leave. So we sadly left behind the beautiful camp we had come to think of as our own, and headed back to our home in Plano. Next year we shall return and repeat this endless cycle, just hopefully without the rain.















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Special Olympics Needs You!

The Plano Special Olympics swim team will sponsor a swim meet on Saturday morning, July 11, from 7:30 am until noon, at Plano Aquatics Center Pool, 2301 Westside Drive. (This is next to Plano Senior High.) (Note, this is a different location from past years.)

Troop 1000 has helped run this event for more than 15 years. Typically, the event brings together about 200 athletes from about 10 local cities. As a Troop, we help with setup and break down, assist with timing, and in cheering on and encouraging the athletes. We will need 15 to 20 or more volunteers for this event. This includes Scouts, siblings, adults, etc. The event will be followed with hot dogs cooked by the Allen Special Olympics.

What to bring:

- Stop watches (if you have them).
- · Pens or pencils.
- Swim suits.
- Sunscreen.

Each year this has been a very successful and well-attended event for the Special Olympics. We've always had lots of fun helping to run this event. We have had many Scouts show up simply because they want to help, not because they need a requirements or service hours. That is just one of the things that Scouting is all about.

Please contact John Gnew at <u>john.gnew@verizon.net</u> to sign up or for more information.

New Website: Your Thoughts Matter

We are working on a new website for T1000.org. While we like the current website, the backend has problems and it's customization makes it harder to manage. We want to move to Wordpress for easier, faster management with fewer problems and downtime. It's more user-friendly.

We have created a **draft** of the website. Please note that all text and links aren't there -- it's to give you an idea of what would be there and where. For example, the adult adviser directory only has a few names ... This is to make sure that the Troop likes the format before we fill in the rest.

You have until **June 7** to share your feedback. Everyone's input is important especially newer families who have recently completed their search for the right Troop. We want prospective families to find what they are looking for when they go to our website.

The blue content on the home page is the "sticky." It will always be there while everything below will be updated as things come up. We can revise the sticky's content as needed. Remember this is a draft, please check the T1000.org for the latest documents and calendar.

If you can't see the calendar or PDF files, check your browser. It could be an addon blocking it.

Here's the link: http://merylsentme.meryl.net/

Please respond to Meryl Evans at merylk@gmail.com with any feedback.

T1000 101: Money Monday

"Money Monday" is held the meeting or two before a campout. It's when the Scouts must turn in permission slips and fees, check out tents, and make final arrangements for the campout. Please check the calendar and the Millennium for upcoming Money Mondays.

Each Scout attending an activity MUST give ALL money, permission slips, food considerations (fill out for every campout as copies are not kept on file) and any other required items to his Patrol Scribe prior to 8:00 pm on Money Monday.

If a Scout is absent that evening then someone else may deliver the right items to the Scout's Patrol Scribe. Money MUST be in cash and exact change in small bills (none large than \$5 please and NO CHECKS) unless otherwise stated. Permission slips and all other required items must accompany payment.

Please understand that there is a great deal of coordination and preparation required for things to work right. Rides must be confirmed, food money distributed, additional consideration made, and so forth. Your cooperation will help assure your Scout will go camping!

This requirements ensure we get an accurate count of who is going so grubbers can buy food. The small bills makes it easier to distribute the money to grubbers, drivers, the campsite, and wherever else the money needs to go.

Got a 101 question? Please send to merylk@gmail.com.